

Interviewing People In Future Environments To Plan Curriculum In The Last Year

Teachers need to interview the student's family, receiving Adult Day Program, as well as a possible Group Home to determine what kinds of activities the student might be involved in as an adult. The teacher then needs to begin building these activities into the student's curriculum in the last year. The following are some examples for a sample student.

Family's Hobbies & Routine Activities

- going for long walks outside with stroller
- trampoline at home
- building willow furniture outside in the sun or shade
- going to the gym - stations
- ballet
- church activities
- music family jam sessions (playing drums)
- visiting friends and family
- rough housing and "goofy stuff" with family
- doing "girl-stuff" like nails, hair, etc.

Possible Day Program Activities

- massage chair
- attend birthday parties
- attend suppers
- cooking
- woodworking
- attend demonstrations to learn about new things
- swimming
- coffee at Tim Horton's in the mall
- bowling
- riding for disabled
- movie night at Jerry's Place
- Amateur Snow Sculpting Competition
- Figure skating

Routine Group Home Activities

- exercises on the floor mat
- bathing
- open doors meetings
- potluck lunches
- swimming
- massages
- reading stories
- birthday parties
- movies
- cooking
- tea