

# **SAMPLE SKILLS**

## **to work on as a life long learner**

### **For Jobs & Activities In The Community & At The Day Program**

#### **1. THE INDIVIDUAL WILL POINT TO MAKE CHOICES BETWEEN PCS AND/OR OBJECTS TO INDICATE HIS/HER NEEDS, WANTS AND MAKE CONVERSATION WITH OTHERS.**

I can ask the individual if the individual wants "more", or is "finished", with an activity s/he is working on, point to the picture activity board and wait for a response. If the individual does not respond after 10 seconds, I can ask again and nudge his/her elbow briefly to prompt a response. (Avoid hand-over-hand for this individual).

#### **2. THE INDIVIDUAL WILL USE VOICE OUTPUT TO INITIATE INTERACTIONS. (e.g., Step by Step Communicator, Alphatalker, Voice-pal Plus)**

I can record a joke or question on The individual's Step by Step for her to give to other people at the day program when she is here..

#### **3. THE INDIVIDUAL WILL USE HIS/HER HANDS TO ACTIVELY PARTICIPATE IN MORE ACTIVITIES WITH LESS PROMPTING.**

I can show the individual how to do something in one of the activities (e.g., crafts, cooking, exercise, dance or during music) and then say, "it's your turn". It will help if I demonstrate how to do it once and then prompt the individual to do it.

#### **4. THE INDIVIDUAL WILL MOVE THROUGH ROUTINES AND JOBS ...**

- **WITH INCREASED ACCURACY IN USING THE WALKER WITH LESS PROMPTING FOR SPECIFIC DESTINATIONS**
- **BY MOVING FROM ONE HAND WALKING TO MORE INDEPENDENT WALKING FOR SHORT DISTANCES**
- **WITH INCREASED INDEPENDENCE AND LESS PROMPTING IN TRANSITIONS SUCH AS MOVING FROM FLOOR TO SITTING TO STANDING**

I can participate with the individual when s/he is moving around the day program centre. I can also accompany the individual on some jobs in the community and encourage participation. I will offer praise when s/he does a good job.

#### **5. THE INDIVIDUAL WILL GREET OTHERS BY MAKING EYE CONTACT WITH THEM WHEN THEY ARE FACE TO FACE AND SAY HELLO.**

I can crouch down in front of the individual and say "Hi, \_\_\_\_\_" with a soft animated voice. When s/he glances at me, I can respond, "You looked at me \_\_\_\_\_. You said hi". (Pause at least 10 seconds for the individual to respond and don't come into his/her space too closely, as s/he is somewhat shy. If she individual does not respond, I will repeat the script above.)