

## Sample Community Activities For \_\_\_\_\_ Work/ Community Service

Type of work	Motivators	The Student's activity & opportunities to practice her skills
• deliver mail for swim club - mail newsletters	• walking	• walk with purpose; use voice output ask for stamps
• Laundromat - do tea towels, dishcloths, facecloth, etc. from school	• walking	• mobility with purpose; using voice output for greeting, hand skills
• LA Coffee Brewers or Coffee & Snack Bar- grind coffee beans	• praise for using switch; peers;	• use switch and Powerlink to grind coffee for staff; use voice output to ask what kind of coffee people would like
• Helene's Sewing House; Susan's Specialty Sewing; Fabric Fun; Designs by Dot, etc.	• buttons	• sorting buttons; placing new button packages on the shelf; choice making for matching; voice output greet
• Drug store - tidy magazine on shelves - purchase a teen magazine too?	• teen magazines	• tidy shelves; matching & choice making choice making for teen magazine?
• provide visits for various people identified by churches: Alliance Church, Anglican Church, United Church, Etc.	• people, walking,	• Provide music to listen to • shop for groceries • pick up or deliver laundry
• 4 H club - help with animals? • Pet store - help with animals?	• animals, movement, hair	• brushing short haired animals • helping to feed animals • help walk animals
• Hospital Auxiliary - help make crafts to sell - hand out cookies and juice to folks on one floor?	• people, buttons, earrings	• help make earrings to sell at bazaars • make button blankets to sell at bazaars • help make cookies or cakes to sell at bazaars • push cart with juice/cookies & use Alphatalker to greet and ask what each person would like
• Welcome Wagon	• praise, people, movement, walks	• sort and make up welcome baskets for folks • purchase items for the baskets at the store
• Local Playschool • Pre-School • Local Childcare • Local Day Care	• people, videos, music, peers	• play videos and music for children • read story books with tapes to children and engage in questions with story board • engage in action songs with children as big buddy
• Jewelry stores Booncocks Gifts, G & B jewelers ltd., Great Canadian Dollar Store, Hildreds Treasures, Moten Moment jewelry, Specialty Gifts & jewelry	• earrings, buttons,	• make earrings and sell them on consignment • make button earrings and button jewelry • shine earrings at stores • sort out new earrings and place them on racks • sales person - wear earrings and use voice output to solicit people to look at earring selections
• Hair We Are, Illusions Family Hair Care, Beverley K's Beauty Boutique, Carri Lee's Body Design	• hair	• sort curlers out for perms (diff. sizes and colours) • use switch to help blow dry hair

## Leisure

Type of activity	Motivators	The Student's activity & opportunities to practice her skills
<ul style="list-style-type: none"> <li>• Recreation Pool – FN Swim club - swimming</li> <li>join local swim club?</li> <li>- indoor walking class</li> </ul>	<ul style="list-style-type: none"> <li>• movement, peers, exercise, praise?</li> </ul>	<ul style="list-style-type: none"> <li>• dressing skills; communication; choice making; use swim activity board; voice output to greet people</li> <li>• exercise with walker, or independent walking for short distances in between</li> </ul>
<ul style="list-style-type: none"> <li>• Going for breakfast, lunch, snack – A &amp; W, Backroads Bar &amp; Grill, Capp-A-Lu's, Dixie Lee Chicken, Fort Pizza, Pantry Restaurant, Pizzarama pizzeria, P&amp;T Restaurant</li> </ul>	<ul style="list-style-type: none"> <li>• walking, tea, coffee</li> </ul>	<ul style="list-style-type: none"> <li>• make choices using choice board or concrete objects; use voice output to make conversation with waitress; mobility with a purpose</li> </ul>
<ul style="list-style-type: none"> <li>• Public Library – helper, sign out books or videos</li> </ul>	<ul style="list-style-type: none"> <li>• picture books; library, videos</li> </ul>	<ul style="list-style-type: none"> <li>• hand skills – place books back on shelves; help stamp or scan books? collect books and place in book cart;</li> </ul>
<ul style="list-style-type: none"> <li>• Recreation Badminton program</li> </ul>	<ul style="list-style-type: none"> <li>• movement, exercise, praise</li> </ul>	<ul style="list-style-type: none"> <li>• provide cheers using voice output</li> <li>• play background music</li> </ul>
<ul style="list-style-type: none"> <li>• FN Friendship Centre</li> </ul>	<ul style="list-style-type: none"> <li>• people, praise, movement, music, videos, earrings, tea, coffee</li> </ul>	<ul style="list-style-type: none"> <li>• share collections with others (buttons, earrings, etc.)</li> <li>• watch videos &amp; listen to music with others and talk about them using picture boards</li> <li>• go on walks with others, etc.</li> </ul>
<ul style="list-style-type: none"> <li>• Girl Guides of Canada</li> <li>• Sparks, Brownies, guides, Path Finders</li> </ul>	<ul style="list-style-type: none"> <li>• be a guide helper with a mom</li> </ul>	<ul style="list-style-type: none"> <li>• assist in activities</li> <li>• help get information out by delivering messages</li> </ul>
<ul style="list-style-type: none"> <li>• Tea at Capp – Qu's</li> </ul>	<ul style="list-style-type: none"> <li>• tea, outing with buddy</li> </ul>	<ul style="list-style-type: none"> <li>• use picture board to select item, refer to remnant book for conversational cues about a community activity, mealtime skills</li> </ul>
<ul style="list-style-type: none"> <li>• Lunch at FNSS in multipurpose room with others</li> </ul>	<ul style="list-style-type: none"> <li>• food</li> </ul>	<ul style="list-style-type: none"> <li>• food choices, communication with remnant book or Alphatalker around conversation topic, mealtime skills</li> </ul>
<ul style="list-style-type: none"> <li>• Mavis Brown – foot massage</li> </ul>	<ul style="list-style-type: none"> <li>• physical activity</li> </ul>	<ul style="list-style-type: none"> <li>• activity – communication board around choices – “more, different scented creams, slower, deeper, lighter, tickles” etc.</li> </ul>
<ul style="list-style-type: none"> <li>• visit Dixie Lee for a snack</li> </ul>	<ul style="list-style-type: none"> <li>• watching the fish tank, food, drink</li> </ul>	<ul style="list-style-type: none"> <li>• hand skills – feeding fish?</li> <li>• communication board – choices for drink or snack</li> </ul>
<ul style="list-style-type: none"> <li>• visit Subway for lunch once a month</li> </ul>	<ul style="list-style-type: none"> <li>• food</li> </ul>	<ul style="list-style-type: none"> <li>• pick selections for sandwich from her communication board designed for that activity</li> </ul>

## Home

Type of activity	Motivators	The Student's activity & opportunities to practice her skills
<ul style="list-style-type: none"> <li>• help cook supper at home once a week</li> </ul>	<ul style="list-style-type: none"> <li>• cooking; praise</li> </ul>	<ul style="list-style-type: none"> <li>• use powerlink and switch to make supper; choice making; follow recipe using activity board; hand skills</li> </ul>
<ul style="list-style-type: none"> <li>• listen and/or dance to country music</li> </ul>	<ul style="list-style-type: none"> <li>• country music; rocking to music</li> </ul>	<ul style="list-style-type: none"> <li>• use switch to play music with timed feature</li> </ul>
<ul style="list-style-type: none"> <li>• look at picture books with story tape</li> </ul>	<ul style="list-style-type: none"> <li>• picture books</li> </ul>	<ul style="list-style-type: none"> <li>• turn pages, answer questions using picture boards</li> </ul>
<ul style="list-style-type: none"> <li>• tidy mom's earring box</li> </ul>	<ul style="list-style-type: none"> <li>• earrings</li> </ul>	<ul style="list-style-type: none"> <li>• matching; hand skills; sorting;</li> </ul>
<ul style="list-style-type: none"> <li>• have hair done – Hair We Are, Illusions Family Hair Care, Beverley K's Beauty Boutique, Brighter Shades Esthetics Studio, Carri Lee's Body Design</li> </ul>	<ul style="list-style-type: none"> <li>• hair</li> </ul>	<ul style="list-style-type: none"> <li>• get hair done once a month</li> <li>• make choices about style, colour, length, etc. using hair activity board</li> </ul>
<ul style="list-style-type: none"> <li>• do nails at home or at school with peers (nail club?)</li> </ul>	<ul style="list-style-type: none"> <li>• interactive, praise</li> </ul>	<ul style="list-style-type: none"> <li>• make choices about colours</li> <li>• use switch with fan to dry nails</li> </ul>

*You can advertise in the paper to do small jobs for others  
(grocery shop, Christmas shopping, pick up dry cleaning, walk small dogs, etc.)*