

## PATH MEETING FORMAT OR GUIDELINES FOR FACILITATOR

### Preparation

- Hand out manuals to parents to fill out before hand.
- Call before to review the process with them and talk about any areas of concern.
- Have social worker and possible representatives from student's community invited (e.g., potential work situations, potential school situations, potential social situations)

### Materials

- numerous coloured felts
- 4-5 continuous yards of white paper with pictures/columns coloured in
- have parents & staff bring objects, pictures, etc. depicting interests of the student

### Meeting

1. Who's who (Garth Homer Representative? Social Worker? Individuals should be invited from the adult community the student will be involved in, (e.g., Vet)

2. Intro: What is PATH? Positive Attitudes for Tomorrow with Hope

- developed by Marsha Forest and her team
- try not to look at funding restrictions
- look at what is possible
- review the process with the student & team

3. Dream(s)

- What do you see happening in the future as positive & possible? (Parents respond first)
- Job: What might that look like?
- Occasionally confirm some choices for goals
- Get more details: (e.g., Group Home: Where would it be? How many people would live there? What kind of support would be needed? What would the building look like?)
- Identify key aspects mentioned by parents (e.g., respect, choice, challenge)
- Encourage Community or Group Home representative to provide feedback about aspects of parent's dream that are part of the program.
- Check to see if the suggestions are agreed upon by the student/family.

#### **BREAK (10 min.)**

4. Review the Dream in detail and what the student will be doing.

Ask when will this dream come together? (e.g., yr. 2000?)

5. Goals

- Stress possible & positive
- Identify global headings relating to adult life, with objectives underneath
- Has time been built in to transition into community facilities/environments?

6. Revisit the Now

- read through items identified and ask for any additions

7. Revisit Action Plans (First Steps & Next Months) to make sure who and when are identified.