

Would My Student Benefit From Using A Walker?

Your local school physiotherapist will provide you with information about the student's history with walking and whether the prerequisites are there to begin a walking program. When you think about your student having a walker to work on mobility skills, consider the following...

Who would help the student get into and out of the walker? Will it take one or two people? Who will walk with him/her?

What will the purpose of the walk be? How will it have meaning for the student? We tend to walk with a purpose, whether that be to get from place to place or to exercise.

When will the walker be used during the school day? How will it fit into the student's current schedule? Can it be used on a regular basis (at least 3 times per week?)

Where will the student be able to use a walker safely? In the gym? In the hallways? Around the classroom? Safety is a consideration for both him/her and peers. Where will the walker be stored when not in use?

Why do you think it would benefit the student to walk on a regular basis?

