




## CONNECTING WITH PEERS AT RECESS AND LUNCH HOUR



# HIGH SCHOOL

Following are some ideas brainstormed by school teams in BC to help encourage social connections between students with special needs and their peers both at break and during the lunch hour. A student may be actively involved or just 'hanging out' with the other kids as an observer. Feel free to adapt these suggestions keeping **your** student (and their peers) in mind.

CLUBS/ACTIVITIES	STUDENT'S PARTICIPATION
Random Acts of Kindness	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Make and distribute certificates (art/computer/spinner) to award another's 'random act of kindness'</li> </ul> <p>Voice Output:</p> <ul style="list-style-type: none"> <li>• Acknowledge person when awarding certificate</li> <li>• Cheering awarded person on</li> <li>• Asking questions of the award recipient</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Handing out the award</li> <li>• Looking for individuals worthy of award</li> <li>• Identifying potential recipients of awards</li> </ul>
Yearbook	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Operate fan to dry art work</li> <li>• Play music</li> <li>• Operate scissors to cut out pictures, designs</li> </ul> <p>Voice output:</p> <ul style="list-style-type: none"> <li>• Initiate conversation around choices, likes/dislikes/ etc.</li> <li>• Conduct interviews for the yearbook</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Work on "page about me"</li> <li>• Make choices about which pictures are used</li> <li>• Make choices about page layout</li> </ul>
Lunch Club	<p>Switch: Operate electrical appliance</p> <p>Voice output:</p> <ul style="list-style-type: none"> <li>• Give the directions</li> <li>• Lead discussion during lunch</li> <li>• Make choices</li> </ul> <p>Other Activities: Distributing lunch treats</p>
Fitness /Hiking /Running Club 	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Participate in games - timer, cheering, music, etc.</li> <li>• Playing Wii</li> </ul> <p>Voice output:</p> <ul style="list-style-type: none"> <li>• Participate in discussion about healthy eating/lifestyle;</li> <li>• Surveys of fitness and lifestyle</li> <li>• Cheer others on</li> <li>• Give directions</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Researching accessible hikes/runs</li> </ul>

	<ul style="list-style-type: none"> <li>• Participating in fitness/gym activity, running, hiking</li> <li>• Assisting others to manage their fitness routine</li> <li>• Gathering items on the walk for discussion, art projects or creating books on 'great areas for hikes'</li> </ul>
<p>Brain Games Club (chess, board games, Wii, dice games, etc.)</p> 	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Operate the spinner for board games;</li> <li>• With switch interface for computer games;</li> <li>• Operate timer for timed quizzes</li> </ul> <p>Voice Output:</p> <ul style="list-style-type: none"> <li>• Giving directions in chess;</li> <li>• Support;</li> <li>• Cheering etc.</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Make choice about which game is played first</li> </ul>
<p>Choir/Music</p>	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Operate/play music</li> <li>• Record choir singing;</li> <li>• Keeping beat to music (metronome);</li> <li>• Movie or powerpoint presentation on composer, musician, music history</li> <li>• Music activities using Wii</li> </ul> <p>Voice Output:</p> <ul style="list-style-type: none"> <li>• Feedback on performance, etc.</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Using a hand held instrument to accompany choir;</li> <li>• Singing, if able;</li> <li>• Research famous composers/musicians</li> <li>• Go to concerts</li> </ul>
<p>Arts/crafts (check out ideas from the Arts Participation kit on this website)</p>	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Operate the 'paint 'n swirl',</li> <li>• Dryer for art projects,</li> <li>• Operating sewing machine,</li> <li>• Music while working;</li> <li>• Giving presentation about famous painter</li> </ul> <p>Voice Output:</p> <ul style="list-style-type: none"> <li>• Advertise craft sales;</li> <li>• Choice making for projects and materials e.g. bracelets, chocolate making, card making, masks, button blanket etc.</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Hand over hand with sponge painting;</li> <li>• Create abstract painting by: <ul style="list-style-type: none"> <li>○ Wheeling to make 'abstract painting'</li> <li>○ Use hand held materials randomly</li> <li>○ Sticking a variety of materials on paper/fabric etc.</li> </ul> </li> <li>• Research famous artists</li> <li>• Visit art gallery</li> </ul>
<p>Drama</p>	<p>Switch:</p>

<p>Could be involved in the yearly production of school play</p>	<ul style="list-style-type: none"> <li>• Operate sound effects</li> <li>• Record a rehearsal</li> <li>• Making sets and/or costumes (operating sander, paint sprayer, sewing machine, etc)</li> <li>• Background music</li> <li>• Making posters about the play</li> </ul> <p>Voice output:</p> <ul style="list-style-type: none"> <li>• Rehearsing lines</li> <li>• Voice effects</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Moving props on stage</li> <li>• Assisting with makeup</li> </ul>
<p>Environmental Stewardship/Recycling To promote environmental awareness</p> 	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Research on the computer</li> <li>• Powerpoint presentation to others</li> <li>• To develop inservices (e.g. art projects, books, etc)</li> </ul> <p>Voice output:</p> <ul style="list-style-type: none"> <li>• Taking a survey</li> <li>• Keeping track of types of recyclables</li> <li>• Giving presentation to others</li> <li>• Giving directions to team</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Sorting recyclable materials</li> <li>• Carrying materials</li> <li>• Checking to see if lights are turned off when people are not in the room</li> <li>• Checking to see if appliances and computers are unplugged when not in use (energy thieves)</li> </ul>
<p>Class Night Slide Show Produce slide show of year's activities</p>	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Operate slide show using switch</li> <li>• Make popcorn to sale for fundraising</li> <li>• Operating background music for show</li> </ul> <p>Voice Output:</p> <ul style="list-style-type: none"> <li>• Voice overlay for the slide show</li> <li>• Introducing the show</li> <li>• Question period moderator (name on voice output)</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• With buddy identifying opportunities for 'good shots' throughout the year</li> <li>• Cruising hallways and buildings to find the 'great moments'</li> <li>• Carrying equipment</li> </ul>
<p>Pet/ Animal Rescue Club In conjunction with SPCA, PETA, Animal Crusaders, etc. could include fundraising for various animal causes</p> <ul style="list-style-type: none"> <li>• SPCA</li> <li>• PETA</li> <li>• Wildlife Fund</li> </ul>	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Operating slideshow or inservice about pets/animals, wildlife, etc.</li> <li>• Operating equipment for fundraising to make: <ul style="list-style-type: none"> <li>○ Pet biscuits</li> <li>○ Books about pets</li> <li>○ Blankets/coats etc. for pets</li> </ul> </li> </ul> <p>Voice Output:</p> <ul style="list-style-type: none"> <li>• Sales person</li> </ul>

	<ul style="list-style-type: none"> <li>• Voice in slide show</li> <li>• Asking audience questions re: their knowledge</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Walking animals (e.g. SPCA)</li> <li>• Distributing literature</li> </ul>
<p>Peer Tutors/Circle of Friends Motivator for other students</p> 	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Using switch to engage in games or for making food for meetings etc.</li> <li>• Showing students movies about motivating subjects</li> </ul> <p>Voice Output:</p> <ul style="list-style-type: none"> <li>• Promote discussion about movies</li> <li>• Give directions for games and activities</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• Be physically present for students in need</li> <li>• Arrange for and pick up, movies of choice</li> <li>• Deliver games and equipment</li> </ul>
<p>Current Events Club To discuss and investigate political and other world events</p> 	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Operate radio for news events</li> <li>• Make posters for political events</li> <li>• Use computer to research interesting current events</li> <li>• Cut out interesting current event articles and create 'Current Events Book' of month/year etc</li> </ul> <p>Voice Output</p> <ul style="list-style-type: none"> <li>• Be moderator for political debate</li> <li>• Introduce public speaker for club event</li> <li>• Comments on the 'current event of the day'</li> <li>• Data collection (surveys) on attitudes</li> </ul> <p>Other:</p> <ul style="list-style-type: none"> <li>• Canvassing for political events</li> <li>• Assisting with set up and take down of rallies/posters etc.</li> </ul>
<p>Volunteer Club To assist in community volunteer activities e.g.</p> <ul style="list-style-type: none"> <li>• Homeless shelters</li> <li>• Meals on wheels</li> <li>• Seniors centers</li> <li>• Etc.</li> </ul>	<p>Switch:</p> <ul style="list-style-type: none"> <li>• Making cards, blankets etc. as fund raisers</li> <li>• Assisting in soup kitchen meal preparation</li> <li>• Poster making</li> <li>• Playing games at Seniors Centre (e.g. bingo)</li> </ul> <p>Voice Output:</p> <ul style="list-style-type: none"> <li>• Calling out bingo numbers</li> <li>• Meeting with and talking to those in need</li> <li>• Taking meal orders at a soup kitchen</li> <li>• Telling other students about the needs of the community</li> </ul> <p>Other Activities:</p> <ul style="list-style-type: none"> <li>• 'Hanging out' at a seniors residence</li> <li>• Assisting with delivery of food in food bank or meals on wheels</li> <li>• Fund raising for a community event</li> </ul>