

Sample Student's Motivators For Adult

Student's Motivators	Age Appropriate Activities In The Community
<ul style="list-style-type: none"> • cooking 	<ul style="list-style-type: none"> • make muffins or cookies & sell at local store • make dog biscuits to sell at pet section in store or at vet's
<ul style="list-style-type: none"> • buttons 	<ul style="list-style-type: none"> • sort buttons for local thrift store or dry cleaning outlet
<ul style="list-style-type: none"> • hair 	<ul style="list-style-type: none"> • visit local hair salon to have something special done once a month
<ul style="list-style-type: none"> • movement (head side to side, rocking body, walking) 	<ul style="list-style-type: none"> • taking dogs for walks for people who are too busy • walking with a senior who needs to get out more • go to concerts where she can rock to the music
<ul style="list-style-type: none"> • country music 	<ul style="list-style-type: none"> • playing country music with switch at local senior centre
<ul style="list-style-type: none"> • movement & exercise (describe) 	<ul style="list-style-type: none"> • participate in exercise group at day program or local weight loss centre • play music at local exercise classes
<ul style="list-style-type: none"> • picture books, library 	<ul style="list-style-type: none"> • playing tapes and books to local day care centre for pre-schoolers or after school care • returning books and picking up and delivering books for those who are immobile
<ul style="list-style-type: none"> • peers 	<ul style="list-style-type: none"> • invite closest peers out for a treat at Dairy Queen during break or after school hours
<ul style="list-style-type: none"> • praise 	<ul style="list-style-type: none"> • hand out cookies, juice, jokes and nice compliments to patients at local hospital, where she will likely receive thanks/praise
<ul style="list-style-type: none"> • earrings 	<ul style="list-style-type: none"> • work with peers at the day program to help make and sell earrings
<ul style="list-style-type: none"> • videos (Disney) 	<ul style="list-style-type: none"> • watch Disney videos with pre-school group; use voice output to ask questions to children throughout video
<ul style="list-style-type: none"> • tea & coffee 	<ul style="list-style-type: none"> • visit laundry mat to do laundry and sit and have a cup of tea while waiting • visit local coffee shop for coffee
<ul style="list-style-type: none"> • make-up; looking good 	<ul style="list-style-type: none"> • visit local Pharmasave to check out makeup
<ul style="list-style-type: none"> • teen magazine 	<ul style="list-style-type: none"> • look at magazines at library • tidy magazines at Pharmasave