

## Recreation - Leisure Activities

- I - Independent  
M - Requires **minimal** support or adult supervision  
S - Requires **significant** support and constant supervision  
(All activities need not happen within the school day)

Is the student interested in the following activities? Do they participate in any of these activities? What level of support do they require to participate?

### Physical Activities:

Please indicate times, dates and locations for physical activities.

- Swimming \_\_\_\_\_
- Bowling \_\_\_\_\_
- Movement Class \_\_\_\_\_
- Gym or Phys Ed Class \_\_\_\_\_
- Using Exercise Equipment \_\_\_\_\_
- Weight Training \_\_\_\_\_
- Walking, Jogging, Hiking \_\_\_\_\_
- Biking \_\_\_\_\_
- Horseback Riding \_\_\_\_\_
- Aerobics Program \_\_\_\_\_
- Team Sports (baseball, basketball, etc.) \_\_\_\_\_
- Skiing \_\_\_\_\_
- Boating \_\_\_\_\_
- Fishing \_\_\_\_\_
- Skating \_\_\_\_\_
- Participating in Dance Class \_\_\_\_\_
- Others \_\_\_\_\_

**Leisure Activities:**

- Watching TV, Videos \_\_\_\_\_
- Playing CDs or Audio Tapes \_\_\_\_\_
- Playing Computer/Video Games \_\_\_\_\_
- Listening to Radio \_\_\_\_\_
- Playing Card Games \_\_\_\_\_
- Reading or Looking at Magazines or Books \_\_\_\_\_
- Playing Table Games \_\_\_\_\_
- Looking at Photographs or Albums \_\_\_\_\_
- Visiting with Friends and Family \_\_\_\_\_
- Talking on the Telephone \_\_\_\_\_
- Craft Work \_\_\_\_\_
- Building a Collection \_\_\_\_\_
- Attending Art/Craft Classes \_\_\_\_\_
- Weaving \_\_\_\_\_
- Cooking \_\_\_\_\_
- Going on an Outing \_\_\_\_\_
- Going to a Movie \_\_\_\_\_
- Going to a Concert \_\_\_\_\_
- Others \_\_\_\_\_

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