

# **SAMPLE SKILLS**

## **to work on as a life long learner**

### **For Jobs & Activities In The Community & At The Day Program**

#### **1. JAN WILL POINT TO MAKE CHOICES BETWEEN PCS AND/OR OBJECTS TO INDICATE HER NEEDS, WANTS AND MAKE CONVERSATION WITH OTHERS.**

I can ask Jan if she wants "more" or is "finished" with an activity she is working on, point to her PC activity board and wait for her to respond. If she does not respond after 10 seconds, I can ask again and nudge her elbow briefly to prompt her to respond. (Avoid hand over hand).

#### **2. JAN WILL USE VOICE OUTPUT TO INITIATE INTERACTIONS. (e.g., Step by Step Communicator, Alphatalker, Voice-pal Plus)**

I can record a joke or question on Jan's Step by Step for her to give to other people at the day program when she is here.

#### **3. JAN WILL USE HER HANDS TO ACTIVELY PARTICIPATE IN MORE ACTIVITIES WITH LESS PROMPTING.**

I can show Jan how to do something in one of the activities (e.g., crafts, cooking, exercise, dance or during music time) and tell her it is her turn. It will help her if I show her how to do it once and then encourage her to do it.

#### **4. JAN WILL MOVE THROUGH HER ROUTINES AND JOBS ...**

- **WITH INCREASED ACCURACY IN HER USE OF THE WALKER WITH LESS PROMPTING FOR SPECIFIC DESTINATIONS**
- **BY MOVING FROM ONE HAND WALKING TO MORE INDEPENDENT WALKING FOR SHORT DISTANCES**
- **WITH INCREASED INDEPENDENCE AND LESS PROMPTING IN TRANSITIONS SUCH AS MOVING FROM FLOOR TO SITTING TO STANDING**

I can do things with Jan when she is moving around the day program centre. I can also accompany Jan on some of her jobs in the community and encourage her to participate. I will praise her when she does her job well.

#### **5. JAN WILL GREET OTHERS BY MAKING EYE CONTACT WITH THEM WHEN THEY ARE FACE TO FACE WITH HER AND SAY HELLO.**

I can crouch down in front of Jan's walker and say "Hi, Jan!" with a soft animated voice at some point when she comes into the room. When she glances at me, I will say "You looked at me. You said hello". (Pause at least 10 seconds for her to respond and don't come into her space too closely, as she is somewhat shy. If she does not respond, I will ask her to look at me to say hello again.)