

# ENVIRONMENTAL SCAN

## ROUTINES & JOBS

What kinds of routines and jobs exist in your student's classroom and school? Routines are a great way to include your student as they occur frequently and the student can often provide a service to others while practicing his/her own skills.

### Functional Activities & Routines In The Classroom

- sharpening pencils
- buddy reading
- announcements
- math brainteaser
- spelling drill
- calendar
- counting exercises
- music, art, gym
- lunchtime activities
- centre time (science, socials, etc.)
- handing out or collecting worksheets or materials
- stamping classmates work



Most students enjoy music! We need to refer to the student's skill list (IEP objectives) to ensure that s/he has opportunities to maximize his/her active participation (e.g., making choices of music or instruments; using hands; making comments with a voice output device).

Many music classes offer opportunities for movement as well, whether that is in a wheelchair, walker, walking with assistance, or using a mobile standing frame.

This student is also involved in making choices (i.e., which student to stop behind) to participate in the game.



## Functional Activities & Routines Around The School

- hang out at recess
- deliver messages for secretary to teachers
- fill vending machine
- sharpen pencils for secretary
- collect and deliver attendance
- greet to secretary, principal, custodian, LA teacher, peers, librarian, etc.
- bathroom activities, which offer opportunities to be more independent
- help with weekly staff “snack days”
- make popcorn for movies or recess
- sell muffins (fund raiser)
- stamp books in library
- water plants in library, office, LA room, classroom, teacher's lounge
- hand out materials in gym or in class
- collect papers or other materials for the teacher
- purchase groceries for cooking class or staff lounge
- clean utensils or sort tools for art teacher
- tidy library, gym equipment room, staff room, cooking room, etc.



Students can practice skills throughout many functional jobs around the school. Replenishing vending machines can help students practice...

- matching object to object or object to picture
- sorting which objects are the same
- using arms and hands to reach
- mobility in moving to the location

Here our student is using her voice output device (i.e., Step-by-Step Communicator) to tell the school secretary...




- that she has the attendance
- ask her how her day is going
- tell her a joke

This daily communication is enjoyed by both parties!



## Functional Activities & Routines In The Community

- purchase stamps for secretary
- mail letters for secretary
- purchase items for cooking class or staff room
- swimming
- horseback riding (for disabled)
- bowling (modified for disabled)
- request and pick up staff lunch order from local deli
- leisure activities appropriate to your area (rock climbing, skiing, etc.)

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|   | <p>Students sometimes are involved in practicing their mobility skills and use of related equipment (e.g., walkers, standing frames, bikes, electric wheelchairs, etc.) in and of themselves. It is always more meaningful for students to practice these skills within real and functional activities.</p> <p>Could this student be collecting orders from staff for the local deli for the end-of-the-week special lunch? What else might he be doing as a functional job?</p> |
| <p>Reading stories is often a familiar routine both...</p> <p>at school ...</p> <p>and at home...</p> <p>especially at bedtime!</p> |    |
|    | <p>Stories are not only for listening. Non-verbal students can work on choice making skills and answering simple questions to stories using pictures or object cues. Communication pictures or picture boards need to be shared with families so that they can reinforce communication skills at home too within routines.</p>   |

## Functional Activities At Home

- bedtime routines
- mealtime routines
- play games with family
- watch TV, videos or listening to CDs
- jobs around the home