

## **CONNECTING WITH PEERS AT RECESS AND LUNCH HOUR**

There are lots of opportunities to encourage social connections between students with special needs and their peers both at recess time and during the lunch hour. This includes peers from their own classroom as well as other students from the school at large. Following are some ideas brainstormed by school teams around BC to help their students be more actively involved.

### **Outdoor Recess/Lunch Hour**

- Skipping Rope
- Litter patrol
- Ball - kicking, rolling
  - down a PVC chute
- Hopscotch - "call" out a number using switch and All-Turn-It
- In charge of equipment
- Bubbles
- Acts of random kindness
- Games such as "Simon Says", "What Time Is It Mister Wolf?", "Go, Go, Stop" -
- North Wind/South Wind - tag game - North Wind freezes students and the South Wind thaws them. Your student is a South Wind so the other students are calling her to come over and "thaw" them.
- Student and peer both hold onto a hoop; peer pulls student around the playground

### **Indoor Recess/Lunch Hour**

- Playing board games or Twister using All-Turn-It
- Arts and crafts - holiday decorations using sponges or Paint 'N Swirl
- Jokes
- Buddy reading
- Playing Music using single switch and tape recorder for everyone to listen to
- Computer with buddy
- Watching a Video
- Communicate with students using "Chat" book
- Popcorn making with switch and Powerlink
- Floor wheelchair hockey
- Dancing in the gym
- Gym equipment monitor/collector
- Mail delivery for teachers/students