FUNCTIONAL GROSS MOTOR SKILLS FOR CLASSROOM AND SCHOOL

Skill/IEP Objective	**Activity/IEP Strategies**	**Participation**	**Comments**
IEP Objective	IEP Strategies (&/or Resources) Further task analysis & break down of skills	Partial (P) Independent (I)	
Strengthening Head Control	- lifts head when lying on back - lifts and holds head when on tummy to listen to a story with peers - holds head in midline to look at book (on easel type surface) when sitting - able to tuck chin down to look at work on desk - looks at board/teacher then down at desk and back up - leans head in headrest and turns to either side to watch peers in gym		
Taking Weight On One Or Both Arms	<u>On The Tummy</u> - lifts and turns head - pushes up onto forearms (on own or with roll/half roll/wedge) - reaches for object with either hand - pushes up onto hands <u>Sitting</u> - leans on one or both hands while sitting on the floor at circle - leans forearms on desk or tray - pushes up to sitting from the floor or a change table - moves from sitting back down to the floor <u>Standing</u> - leans on tray when in standing frame - leans on desk to help sit down on or get up from seat		

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Sitting	<u>On The Floor</u> - leans weight on both hands while sitting to listen in circle - leans on one hand and can raise the other to answer a question - can reach both hands forward to pass a Show and Tell object to the teacher - can pass an object to peers on either side around during circle - helps TA to get down to the floor and back up <u>At A Desk</u> -sits on the chair independently - moves from sitting to standing on his/her own - pivots on the chair - leans forward to hit a switch		
Taking Weight On One Or Both Legs	- takes weight on legs while sitting in wheelchair or classroom chair -takes weight reliably during transfers with one adult - takes some weight while transferring with the help of two adults		
Standing	- stands while leaning two hands on a walker, crutches etc. - stands independently - stands and moves arms to do warm ups in gym - stands and bend knees to do modified squats - stands while leaning one hand on the wall to kick a ball - kicks a ball with no support		

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Mobility	- rolls around the room to get to toys - pushes backwards while on tummy - pulls forwards while on tummy - scoots around the room on his/her bottom to get books from library shelves - crawls on hands and knees during mat routine in the gym - keeps hands in lap or on tray while being pushed in manual wheelchair - helps to push while in a manual wheelchair - uses a manual wheelchair independently indoors to wheel from home room to electives - uses a manual wheelchair independently both in and out of doors - walks with one person to the library to stamp books - walks with one person on either side - walks using a walker, crutches etc. to pick up mail from the office - walks independently around home - walks on his/her own both at home and at school - walks safely and independently both in and out of doors - runs laps in gym - walks up stairs, using a railing, to get to a foods class - walks down the stair with a railing		